



# THE GOSPEL OF CHRIST BIBLE OUTREACH

+234 80 2327 0222

2 Kolex Close, Off Adeshina  
Road Ijeshatedo-Surulere,  
Lagos.

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## NOVEMBER FIRST THREE DAYS - DAY THREE

### Steps to Break Curses

**Pastor A.S.O Olaleye**

**3rd November, 2023**

A curse is a spiritual prison.

The devil makes you feel as though are free to do whatever you want but only within the limitations of the four walls.

Many people have a sincere desire to quit bad habit, but no matter how hard they try to stop, they can't.

This is because they are in a spiritual prison, bound by entities that don't want to release them, or often, have a legal right to keep them in bondage.

God wants to disconnect you from the demons that are holding you captive. His desire is to open the prison doors where you find yourself in.

#### Steps to Break Curses

1. Understand the Scriptural foundation for freedom

Ephesians 1:7 In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace.

As you pursue your freedom, remember that Christ has paid for your life to be redeemed. Redemption is more than just forgiveness. You were purchased back from whatever used to own you, and Christ is now the one who owns your life. Your freedom is because of His sacrifice. That is the foundation that you must build your faith on. Freedom belongs to us, not because we are hurting, but because of the sacrifice of Jesus.

Another Scripture says,

Colossians 1:12-14

Giving thanks to the Father who has qualified us to be partakers of the inheritance of the saints in the light. He has delivered us from the power of darkness and conveyed us into the kingdom of the Son of His love, in whom we have redemption through His blood, the forgiveness of sins.

Galatians 3:13-14

Christ has redeemed us from the curse of the law, having become a curse for us (for it is written, "Cursed is everyone who hangs on a tree"), that the blessing of Abraham might come upon the Gentiles in Christ Jesus, that we might receive the promise of the Spirit through faith.



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## 2. Confess your faith in Christ

1 John 4:2-3 By this you know the Spirit of God: Every spirit that confesses that Jesus Christ has come in the flesh is of God, and every spirit that does not confess that Jesus Christ has come in the flesh is not of God. And this is the spirit of the Antichrist, which you have heard was coming, and is now already in the world.

Before you can start breaking curses, not only do you need to know what Christ did for you on the cross, but it's important to confess your faith in Him.

He is not just another prophet, an enlightened man, or a good teacher, you must believe in Him as your personal Lord and Savior.

## 3. Commit to obedience

Romans 6:13

And do not present your members as instruments of unrighteousness to sin but present yourselves to God as being alive from the dead, and your members as instruments of righteousness to God.

Make up your mind that the reason you're praying for deliverance is because you desire to be more available for the Lord.

You desire freedom so you can serve God without any hinderance.

If you want to walk in freedom, make up your mind to serve God.

If before your deliverance, you spent time on the things that is not of God, make a commitment to spend that time praying and reading God's Word.

## 4. Repent of any known sins

Mark 6:12 So they went out and preached that people should repent. And they cast out many demons, and anointed with oil many who were sick, and healed them.

This Scripture makes it clear that the disciples were casting out demons after they preached the repentance of sins.

You don't need to go back and take inventory of past mistakes, but be aware of what the Lord highlights to you. Repent of any sins that the Holy Spirit might bring to your mind.

If it is lying, stealing, or even abortion, whatever sin it may be, bring it before the Lord.

Unrepented sins can be an open door that causes legal rights for curses to stay in your life.



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## 5. Release all unforgiveness

Matthew 8:34-35 And his master was angry and delivered him to the torturers until he should pay all that was due to him, so My heavenly Father also will do to you if each of you, from his heart, does not forgive his brother his trespasses."

Many people have demonic-rooted issues because of their lack of forgiveness.

If you hold on to bitterness curses will have access to you.

If Bitterness, unforgiveness, and offense are your choice, but in choosing to hold on to them you are giving a right curses to keep you bound.

The way to break away from bondage and curses is to examine yourself and release anything you are harboring in your heart.

## 6. Renounce all contact with the occult, sorcery, witchcraft, oaths, demonic vows, demonic ceremonies, blood covenants, false gods, and false religions

2 Corinthians 4:2

But we have renounced the hidden things of shame, not walking in craftiness nor handling the word of God deceitfully, but by manifestation of the truth commending ourselves to every man's conscience in the sight of God.

If this segment applies to you, understand that renouncing these practices will provoke your freedom. Through renouncing you are deciding to break off the right the devil has over your life.

Renouncing is as simple as saying, "Lord, I renounce all contact with the occult, with..."

If you have made a covenant, worshipped false idols, been in demonic ceremonies, dedicated to demons as a child, or had any involvement with occult practices, renounce that and break off any right you willingly gave to the devil.

## 7. Get rid of all accursed objects

Deuteronomy 7:26

Nor shall you bring an abomination into your house, lest you be doomed to destruction like it. You shall utterly detest it and utterly abhor it, for it is an accursed thing.

Go through your house and get rid of items that might be connected to the occult. Anything you find that was dedicated to Satan, get it out of your possession. That is often a contact point for the enemy in your life.



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## 8. Release yourself in the name of JESUS

Luke 10:19

ver all the power of the enemy, and nothing shall by any means hurt you.

Pray to release yourself from any generational curse.

## 9. Expect the blessing of Abraham

That the blessing of Abraham might come upon the Gentiles in Christ Jesus, that we might receive the promise of the Spirit through faith.

Galatians 3:14

The key is to change your expectation. It may seem like just a simple prayer, but I want you to believe in the words that you just spoke and begin to change your expectations accordingly.

Expect that now you will be able to sleep through the night, except that you won't keep getting a bad medical report. Begin to expect that things are going to change in your life in Jesus' name.

Expectation is the breeding ground for miracles.

## 10. Confess God's promise

Joshua 1:8 This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

Not only do we expect miracles, but we declare God's promises.

Begin to find promises that are written in the Word of God, break them down, memorize them, and do not allow them to depart from your mouth.

In times of fear confess,

2 Timothy 1:7 For God has not given us a spirit of fear, but of power and of love and of a sound mind.



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In times of sickness declare,  
...And by His stripes we are healed.

Isaiah 53:5  
And in times of uncertainty say,

Isaiah 41:10 So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you, I will uphold you with my righteous right hand.

Even after your deliverance, if symptoms come back, stand firm on what the Word of God says. Take the sword of the Spirit and come against the enemy in the name of Jesus. God wants you to live the life that He died for you to live.

**Pastor A.S.O Olaleye**  
**Lead Pastor, The GCBO**  
**+234 802 327 0222**

